



Thinking Thin

Tom Nicoli

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Have you suffered through too many trendy diet programs without lasting results? Have you worked yourself to the point of exhaustion in the gym? Have you ever taken a miracle pill to help you lose weight? Does your weight still fluctuate more than the stock market? Are you pleading for a weight solution that actually works? If you answered yes to any of those questions, then you must read **THINKING THIN** a startling new approach to weight-loss and fitness developed by Tom Nicoli, BCH, CI, one of America's most successful Board-certified hypnotists who has been seen on Dateline NBC and praised by **SHAPE Magazine** as the Hippest of the Hyp! . Tom has shown thousands of people around the world how to live free from the anguish of obesity all without the struggle associated with most weight-loss programs and diets. Why put up with dangerous diet pills or waste another day of self-starvation or dreaded workouts when you don't have to? Make the decision today to embark upon the joyous path to a better you. It all begins with **THINKING THIN...**

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