



I'm Frustrated (Dealing with Feelings)

Elizabeth Crary

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Too often kids' feelings get ignored. This series helps children and adults accept and acknowledge their emotions. It also helps them distinguish between feelings and actions. Even more important, the stories give kids several ways to cope with feelings by utilizing the books' "choose-your-own-ending" format. They also allow parents and teachers to discuss other situations in a nonjudgmental way. Especially valuable for children aged 3-9, each of these books is 32 pages, 7 x 8 1/2 inches. All were written by Elizabeth Crary and illustrated by Jean Whitney.

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