



How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally

Joey Lott

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You Can Heal Your Teeth With Sugar!

Does this sound crazy to you? Do you think you need to give up all the foods you love in order to have healthy teeth or gums? Does it really have to be one or the other? Joey Lott, the author of *How I Healed My Teeth By Eating Sugar*, doesn't think so. In this book, he reveals how he reversed a number of tooth and gum problems (cavities, loose teeth, and receding gums, to name a few) with a few dietary tricks (sugar included!) and inexpensive supplements. The regimen is simple, backed by science, and easy on your wallet.

There's More to Dental Health Than Fluoride and Flossing

There are natural ways to heal your teeth and gums that don't involve twice daily brushings and flossings. In fact, these standard methods of tooth care may not be doing as much for your dental health as you've been led to believe. Discover a new formula for repairing cavities, tightening up loose teeth, and healing receding gums that is natural and inexpensive. Find out which supplements really work and which may be over-priced and over-hyped. Learn about the vital role metabolism and hormonal health plays in your ability to regrow and remineralize your teeth. If you've been on the path of natural dental health for a while, you might be surprised by what you read!

Save Serious Cash on Dentist Visits

What would it be like to walk into the dentist's office year after year and have a clean bill of health every time? Fillings and other expensive procedures often feel inevitable; it's easy to feel powerless over our dental health, especially since we've been led to believe it's impossible to regrow teeth. *How I Healed My Teeth By Eating Sugar* takes the reader on a journey through tooth structure and anatomy that reveals the truth of the situation: that our teeth are as much alive as every other part of our body. Because of this, they have the ability to grow and change and respond to different treatments. This means that there is hope, after all.

Download this book now and begin your natural healing journey in dental health. Your teeth and gums will thank you!

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Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite guide and reading a book. Beside you can solve your problem; you can add your knowledge by the guide entitled How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally. Try to make book How I Healed My Teeth Eating Sugar: A Guide to Improving Dental Health Naturally as your buddy. It means that it can to be your friend when you truly feel alone and beside associated with course make you smarter than ever. Yeah, it is very fortunated to suit your needs. The book makes you a lot more confidence because you can know anything by the book. So , let's make new experience along with knowledge with this book.

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