

Your Fifth Year: How College Graduates Can Discover and Live Their Dreams

Robert G. Azzarito



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Your Fifth Year: How College Graduates Can Discover and Live Their Dreams Robert G. Azzarito So you're a college graduate. Now what? Move back home? Volunteer for a year? Enroll in graduate school? Find a job? Do you know where you're going and how to get there? Do you feel lost and uncertain? Does leaving college and deciding what to do next feel overwhelming? "Your Fifth Year" was written for firstyear college graduates and anyone else struggling to discover what they want in life and how to achieve it. A college education is a great accomplishment, but it is no longer adequate preparation for the many challenges waiting on the other side of the platform. Most students desire a life that is meaningful, fulfilling, and satisfying, but few seem able to articulate what that life looks like, or how to make it a reality. If you are finishing college then you understand this all too well. Over 65% of you will move back home after your graduation ceremony with little direction and even less of a plan. This book has been written for you. Don't spend your first year after graduation frustrated, lost or discouraged. You are not alone. You can approach your after-college life with understanding, purpose, and resolve. Explore topics such as: Finding a New Rhythm, Exploring your Dreams, Making a Plan, Taking Chances, Battling Discouragement, Practicing Solitude, Facing Fear, and much more. In "Your Fifth Year" you will find exercises, examples, and practical steps to discover your dreams, and how to begin moving toward them. For more information go to www.yourfifthyear.com.

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