



# True grit: Fantastiske og sandfærdige historier om heltemod og overlevelse (Danish Edition)

*Bear Grylls*

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I "True Grit – fantastiske og sandfærdige historier om heltemod og overlevelse" fortæller Bear Grylls historierne om de eventyrere, opdagelsesrejsende, soldater, bjergbestigere og modstandsfolk, der nægtede at give op i de mest ekstreme situationer – mennesker der har inspireret Bear Grylls gennem livet. Nogle af historierne er ubehagelig læsning – overlevelse er sjældent smuk. Men alle handler de om mænd og kvinder, der udviser tapperhed, dødsforagende modstandskraft og ekstraordinær mental sejhed i en grad, så vi alle kan lære af det.

Tag for eksempel den amerikanske bombepilot Louis Zamperini, der overlevede 47 dage strandet på havet ved at fange og dræbe sultne hajer og drikke varm blod fra albatrosser – blot for at blive taget til fange af japanske soldater og blive tortureret i årevis i deres mest brutale krigsfangelejre ...

Eller Marcus Luttrell, en NAVY SEAL, der egenhændigt holdt et Taleban-regiment på afstand, mens han i dagevis trak sin blødende, gennemhullede krop gennem de barske bjerge i Afghanistan ...

Eller den unge Nando Parrado, en af ??de overlevende fra et rædselsvækkende flystyrt højt oppe i de tilfrosne Andesbjergene, der kun snød døden, fordi han var villig til at spise kødet af sine døde kammerater ...

"Spændende samling af overlevelseshistorier ... for Bear Grylls er det at tilgive måske den modigste handling af alle. På den måde kommer der noget menneskeligt og spirituelt med som kerne i fortællingerne". Bibliotekerne

"311 siders livsbekræftende, ærefrygtindgydende fortællinger om menneskets vilje til at opdage, udforske, kæmpe og overleve det værste livet kan smide imod en. Det er i sandhed historier der kan få hverdagens problemer til at synes ligegyldige, om ikke andet så for den tid man sidder med bogen". krigeren.dk

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#### **Jason Faria:**

A lot of people always spent their own free time to vacation as well as go to the outside with them household or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you want to try to find a new activity here is look different you can read a book. It is really fun for you. If you enjoy the book which you read you can spent all day every day to reading a book. The book True grit: Fantastiske og sandfærdige historier om heltemod og overlevelse (Danish Edition) it is very good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy the particular e-book. You can m0ore quickly to read this book from the smart phone. The price is not very costly but this book offers high quality.

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