



Mountain Biking (Adrenalin!)

Clive Gifford

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Adrenalin! is an exciting new series aimed at aspiring extreme sport enthusiasts. Each title covers a particular adventurous sport and provides practical insight into learning how to have fun! Titles give the low-down on how to get started, practising basic techniques and tricks, and include advice on training, equipment, playing safe and how to turn pro. Each title includes brilliant full-colour photographs on a zine-style layout to appeal to young, street-wise readers (particularly, but certainly not exclusively, boys!)

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