



# Endocrinología basada en la evidencia (Spanish Edition)

*Pauline M Camacho MD*

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*Endocrinología basada en la evidencia* es un manual de consulta rápida que presenta recomendaciones basadas en la evidencia para el diagnóstico y el tratamiento de los trastornos endocrinos.

Los autores resumen los últimos estudios clínicos que apoyan las recomendaciones de la práctica clínica.

Cada uno de ellos ha sido calificado por el sistema de clasificación 2010 de la **American Association of Clinical Endocrinologists**, con el objetivo de indicar cada uno de los beneficios y riesgos del tratamiento y la fiabilidad de los resultados del estudio.

Los capítulos abarcan las principales áreas de la endocrinología: enfermedades hipotálamo-hipofisarias, tiroideas y de las glándulas suprarrenales, trastornos metabólicos óseos, de la reproducción y relacionados con los lípidos, diabetes, obesidad y nutrición, tumores carcinoides y síndromes endocrinos paraneoplásicos. Por último, se dedica un capítulo entero a la genética.

## Características destacadas:

- Incluye nuevos fármacos para el tratamiento de la diabetes y la osteoporosis, así como las últimas directrices clínicas para su tratamiento.
- Esta 3.<sup>a</sup> edición añade los resúmenes de más de 100 referencias recientes, procedentes de las publicaciones más importantes.
- Numerosas tablas ayudan a sintetizar las causas y los síntomas de los diferentes estados patológicos.

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