



The Reference Point: How we gauge our lives based on what happened in our past, how it shapes us today, and how it molds our future

Aristides Priakos

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"Success is a progression of doing good things consistently, over a period of time." But, what is success? We have been given terrible "reference points" from our past, so how does it affect the decisions we make now, and for our future? How does our society negatively, and subconsciously, condition our minds? What damage do we bring to relationships? Do you truly know what a healthy relationship even looks like? Did someone you love ever tell you that you are not pretty enough, not smart enough or not good enough? How do you perceive yourself? The Reference Point addresses these topics, and so much more. This book contains the emotional tools you need to immediately, and positively, transform your mind-set, and impact so many areas of your life. It is a must read, for all those looking to make positive changes in their life, their business and their family.

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