

Single Again and Happy!

Ava Rae

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Being single is not a sentence to lifelong unhappiness. In fact, for Ava Rae it was just the nudge she needed to discover how full and satisfying her life could be when she wasn't depending on a man for her contentment. In Single Again and Happy Ava Rae explores what happens after a divorce, break-up, or separation spins your world out of control, and why that whirlwind of change just might be the best thing ever. Offering personal experience and practical advice, Ava Rae shares how she found herself single at the age of fifty-one, feeling lost and worried about her future. Then God showed her that this change was indeed on His path for her, she just needed to find out why. She learned a lot on her way to self-sufficiency and independence, and gives away all of her newly-acquired knowledge such as: Facing your fears about singleness Making the change positive for childrenEmbracing your new freedomBanishing lonelinessNavigating dating and relationshipsSingle Again and Happy offers everyday advice for easing worry and to offer hope for a happy future. Any woman suddenly thrust into singleness will find strength, courage, and confidence here. This book is not only for women, but also for men who are struggling as a newly single person or for men to understand a women's perspective of being single. It is a must-read for anyone facing a new single life and looking for their own happy ending



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