



# **500 Vegan Dishes: The Only Compendium of Vegan Dishes You'll Ever Need (500 Cooking (Sellers))**

*Deborah Gray*

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## **500 Vegan Dishes: The Only Compendium of Vegan Dishes You'll Ever Need (500 Cooking (Sellers))**

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As the vegan diet grows in popularity -- for reasons of personal health or environmental sustainability -- more people seek information on how to fully enjoy or integrate it into their lives in a safe and healthful way. 500 Vegan Dishes has all the information you need: the basics of the diet; a guide to potentially less familiar or important vegan ingredients; easy substitutions for common dairy, egg, meat, and other animal-based ingredients; and 500 fantastic easy-to-follow recipes.

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