



# Teachings of the Cat Zen Masters

*Sheryll Dahlke*

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## **Teachings of the Cat Zen Masters** Sheryll Dahlke

Teachings of the Cat Zen Masters, by Sheryll Dahlke, is a collection of quotes by famous cats, such as T. Furball, Oscar Wildecats, and many others. Felix Waldo Emerson, for instance, says: "There is a cat-like quality in everything God has made." In these pithy sayings, cats live totally in the moment with full awareness. Like a contradiction, they study the Self to forget the Self. They are centered in balance and in time, completely within the activity of the moment-whether playing with a stone or a butterfly. "This little book is a joyous read. You will be given the powerful, loving freedom for you to be yourself."-Juanita "Catastrophe" Tobin, Poet-Blowing Rock, NC."The enlightened cat is a beautiful thing. We humans can learn a few things from Teachings of the Cat Zen Masters. Enjoy!"-Rita Bayron, Faithful Feline Follower-Coppell, TX.

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