



# Healing For The Broken Hearted: Discover Lasting Freedom in Christ

*Shelley Hitz*

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## Healing For The Broken Hearted: Discover Lasting Freedom in Christ Shelley Hitz Healing for the Broken Hearted

It comforts me to know that Jesus promises us healing for the broken hearted. Even in the darkest of situations, there is hope.

I have walked through some dark days and difficult circumstances yet Christ has brought healing to my life. I have written this book to share with you the journey God has taken me on and some of the tools He used to bring healing and lasting freedom.

Isaiah 61:1 says, "*The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners.*"

And yet, your path to healing may not look exactly like mine. We are all uniquely created with different backgrounds and life circumstances. Therefore, I do not believe there is just one step-by-step system.

However, in this book, I am going to share with you practical steps you can apply to your life to receive healing emotionally and spiritually. Please do not feel like you need to do every single step that I share with you. Instead, I encourage you to pray and ask God for wisdom. Ask Him to show you which specific steps you should take on your path to healing, and then, take that first step.

"*A journey of a thousand miles begins with a single step.*" ~Lao-tzu

==> Are you ready to take the steps necessary to receive healing from Christ? If so, download this book to take the first step on your own journey to healing and freedom.

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Spent a free time for you to be fun activity to complete! A lot of people spent their leisure time with their family, or their particular friends. Usually they doing activity like watching television, going to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? May be reading a book may be option to fill your free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled Healing For The Broken Hearted: Discover Lasting Freedom in Christ can be good book to read. May be it can be best activity to you.

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