



The Fourth Level: Nature Wisdom Teachings of the Inka

Elizabeth B. Jenkins

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This book is the culmination of Elizabeth's twenty –five years of study, exploration and practice of the Inka Nature Wisdom Tradition. A primer on how humans can increase their Nature Intelligence, this book translates the worldview of the Q'ero Indians of Peru, through Seven Energy Principles that reveal how we are each inherently connected to Nature. The book includes 7 authentic Inka practices or, "Nature Contemplations," that allow the reader to experience each one of the principles personally and directly. Companion audio tapes of these Nature Contemplations are also available.

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