



Sexual Charisma for Men Guided Self Hypnosis: Confident Seduction & Sex Appeal, Bonus Drum Journey & Affirmations

Anna Thompson

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This *Sexual Charisma for Men* guided self-hypnosis script was designed to assist the listener in getting in touch with his masculine sexual energy, staying anchored in his body, raising his sexual energy, and gaining higher sexual confidence and attractiveness. The hypnosis induction features isochronic tones which are a form of brainwave entrainment to help achieve deeper relaxation. Also included within this program is an extended affirmations track, a meditation track (partly guided, with ancient Solfeggio frequencies) and as an extra bonus, an exciting and powerful drum journey, bodywork track.

Using an alternate induction, hypnotic drum beats, and posthypnotic suggestions related to sexual charisma for men, this drum journey is designed to get the listener out of their brain and back into their body. Many find this useful for releasing energy blocks, healing and integrating the mind, body and spirit.

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