



Hirkani's Daughters: Women Who Scale Modern Mountains to Combine Breastfeeding and Working (La Leche League International Book)

Jennifer Hicks

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The title of this book, HIRKANI'S DAUGHTERS, was inspired by an ancient tale from India about a young mother, Hirkani who lived in the mountain ranges of Western Ghats during the 1600's. Legend has it that when she was accidentally locked behind the fort gates of the Kings palace, Hirkani scaled down a 1000-foot vertical cliff to breastfeed her baby. When the King heard of her courage, he was so impressed that he honored her by naming the village where she lived Hirkani Village. This village still exists today. HIRKANI'S DAUGHTERS is a compilation of inspirational stories written by mothers from around the world who have overcome various obstacles to continue breastfeeding and working. They too are finding their own ways around the gates people have shut before them. And they, too, are excited, scared and missing their children. Some of the stories share Hirkani's drama; others speak with a quiet calm. At their core, they are all stories of women evaluating their options through trepidation and a beating heart, and in the end bravely taking the path that works best for their families. Hirkani knew well the difficulty of finding that balance with each and every step that she took as she climbed slowly down the mountain.

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