



# Native Californian Roots: Celena's Cocina

*Celena Roldan*

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## **Native Californian Roots: Celena's Cocina** Celena Roldan

Native Californian Roots is a cookbook full of Native American and Mexican recipes. The author is originally from Southern California. For more than 7 years, Celena's Cocina, has been collecting ideas for Native Californian Roots. She has been cooking and baking extraordinary dishes for enthusiasts in the Los Angeles area. The energy and style that make Celena's Cocina such a special idea are shown here, with 77 recipes and a collection of the Sufi Mystic, Rumi poetry. The theme of Celena's Cocina is 'Food and Philosophy' and she colorfully exhibits this love and passion for both here in her book. Celena's most popular recipes use the simplicity of cooking to each one of her recipes, but they taste even better than you would expect. Her Mushroom Tacos are the real thing, with slowly sauteed mushrooms and fresh queso fresco. Native Californian Roots has original recipes for fruit flavored teas and waters and brings back an air of food simplicity to the city. She blends old world ideas, ancient wisdom of Rumi and new age collection all into one book. She hopes you enjoy her first venture into the cookbook world.

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