



El don de la serenidad de un alcohólico anónimo (Spanish Edition)

Angel Francisco Sánchez-Escobar

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El don de la serenidad de un alcohólico anónimo surge de la experiencia del autor como monitor en un centro de alcohólicos durante la década de los ochenta. La historia de Miguel, protagonista de este libro, muestra sin tapujos las dos caras de la adicción al alcohol: los estragos de la enfermedad y la ardua reconstrucción posterior. Narrada en un estilo transparente y sencillo, El don de la serenidad de un alcohólico anónimo, atrapa al lector desde la primera página y lo suelta ya, al final del relato, con la sensación de no haber salido indemne de su lectura. Una reflexión apasionante sobre la fuerza que imprime al ser humano encontrar la serenidad y, a través de ella, el reencuentro con la plena condición humana.

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