



Make it Count!

Helen Haynes

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Make it Count! Helen Haynes

A promising sporting career shattered by kidney failure. When life gives you a second chance...Make It Count! An inspiring journey of triumph over adversity. Undergoing more than 20 operations and surviving major organ failure would take its toll on anybody. But Helen Haynes not only survived these life-challenging experiences...she fought her way back to a successful working and sporting life, winning gold medals at the World Transplant Games and mastering her charity and professional speaking career. Helen was a determined and talented tennis player with a very promising future when she was diagnosed with kidney failure at the age of 20 - the result of taking too many anti-inflammatories while coping with training injuries. Helen endured years of ill-health, fighting for her life, before the generosity of not one, but two organ donors - including her own mother - ultimately saved and transformed her life. Now running her own business as a public speaking consultant and professional speaker, Helen shares her remarkable story in a candid and very moving way.

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