



Heartbreak Therapy: Managing the Stress of a Broken Heart, Recovering from Emotional Wounds, Appreciating What You Have, and Loving You Even After Losing Someone Else

D. Foy Hutchins

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In his first book, Pastor D. Foy Hutchins candidly shares his journey of emotional healing after a season of loss, pain, and disappointment. Once happily married and budding in ministry, a heartbreaking divorce and devastating church failures left him depressed and broken. Heartbreak Therapy readers will discover valuable keys to rebounding from the hurtful setbacks of life.

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