



The Rhythms of Jewish Living

Rabbi Marc D. Angel PhD

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Reconnect with the ancient soul of Jewish spiritual life and practice.

"Jewish spirituality is organically linked to the natural rhythms of the universe. To a great extent, Jewish religious traditions serve to bring Jews into a sensitive relationship with the natural world. Many commandments and customs lead in this direction, drawing out the love and reverence that emerge from the contemplation of God's creations."

?from Chapter 1, "The Rhythms of Nature"

Judaism has provided the spiritual framework for millions of people for thousands of years. Yet its basic beliefs and observances often are disconnected from their original intent in our modern day.

With his engaging overview of the sacred times, places and ideas of Judaism, Rabbi Marc D. Angel gently reclaims the natural, balanced and insightful teachings of Sephardic Judaism that can and should imbue modern Jewish spirituality. He draws on many classic sources, illuminating the influence of the Golden Age of Spanish Jewry and the great mystics of sixteenth-century Safed on the Sephardic tradition. The result is an approach to Judaism that is deep, rich and diverse.

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Playing with family within a park, coming to see the water world or hanging out with pals is thing that usually you may have done when you have spare time, after that why you don't try matter that really opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love The Rhythms of Jewish Living, you may enjoy both. It is good combination right, you still want to miss it? What kind of hang type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Sara Matthews:

The Rhythms of Jewish Living can be one of your basic books that are good idea. All of us recommend that straight away because this guide has good vocabulary which could increase your knowledge in language, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to set every word into enjoyment arrangement in writing The Rhythms of Jewish Living yet doesn't forget the main level, giving the reader the hottest along with based confirm resource details that maybe you can be among it. This great information can drawn you into fresh stage of crucial considering.

Elaine West:

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