



# Mantra Meditation for Attracting & Healing Relationships: A 40-Day Program Using the Power of Sacred Sound

*Thomas Ashley-Ferrand*

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What if you could harness the energies of the universe to bring love into your life and nourish it for a lifetime? According to the sages of India, you can through the ancient art and science of sacred sound and chant. Mantras, teaches Thomas Ashley-Ferrand, are specific sound intonations that directly affect our inner states and the people around us.

On *Mantra Meditation for Attracting & Healing Relationships*, you will join this respected master of the tradition to learn a complete series of specific mantras to:

- Attract a spiritually fulfilling (and desirable!) partner into your life
- Heal the relationships you now have with others
- Cultivate love, and mitigate fear, anger, and jealousy within yourself, and much more

These simple yet powerful mantras take only a few minutes a day to use. Try them for 40 days - the amount of time that mantras require to create their desired effects - to experience profound changes in yourself and those around you.

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