



# Market Vegetarian: Easy Organic Recipes for Every Occasion

*Ross Dobson*

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## **Market Vegetarian: Easy Organic Recipes for Every Occasion** Ross Dobson

These delicious, no-fuss recipes from top Sydney cook Ross Dobson take advantage of ingredients at their best and prove that vegetarian food doesn't have to be labor-intensive or dull. Ideas for tasty Light Bites include Zucchini and Mint Fritters with Spicy Tomato Jam. Midweek Meals is full of great ideas for healthy food in a hurry; try an Asparagus, Sweetcorn, and Goat Cheese Frittata. Soups and Stews make perfect one-pot meals; enjoy Smoky Hotpot of Great Northern Beans. Saturday Night Dinners features delicious recipes for when you have more time to spend in the kitchen. Ideas for Baking includes savory pies, gratins, and bakes; try Leek and Pea Tart in Parmesan Phyllo. Finally, scrumptious Sweet Things to try include Nectarine and Pistachio Crumble and Chocolate and Raspberry Mousse Cake. • Easy organic recipes for every occasion created by a rising star of the vibrant Sydney food scene. • More than 80 ideas for vegetarian dishes?perfect for making the most of farmers' market or veggie box produce.

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