



# **Air Fryer Baking: 40 Low-Carb Luscious Desserts that You and Your Kids Will Enjoy (Low Carb Healthy Meals)**

*Thelma Barnes*

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Is baking your passion? Do you enjoy serving desserts baked right at home? Do you know the latest trend in baking desserts?

Air fryer is one of the latest innovations in the kitchen, and most home cooks are overlooking its potential in the dessert category. While the air fryer does wonders for main dishes, few are still aware of its role in baking your favorite desserts.

If baking is your passion but do not have time for it, then this book is for you! If you enjoy serving desserts but want to show off your baking skills, then this book is for you too! If you like to join the latest and healthy trend in baking desserts, then this book is definitely for you!

Air fryer baking is an easier and healthier alternative to traditional baking in the oven. With a few tweaks in your ingredients, you can enjoy baking while saving time. Plus because it is safe, you can even have your kids join you in the kitchen. This makes the air fryer rewarding not only for your taste buds but also for the quality time spent with your kids.

I want to share with you how my family enjoys air fryer and the desserts I prepared using it. I enjoy it because baking is a lot easier. My kids enjoy it because they get to play chef with me. Having healthier desserts is an added bonus to the entire baking experience.

### **Inside You Will Learn:**

- An overview of the air fryer, how it works, the price range and brands
- The low carb alternatives to your usual baking ingredients for a healthier lifestyle
- The 40 dessert recipes, categorized into cakes, cookies, pastries and other desserts
- Additional tips, such a do's and don'ts of using an air fryer and using it for baking desserts

Once you learn the many rewards of the air fryer and the luscious desserts that it can produce because of your baking skills, then you will never look at baking the same way again. Air baking is definitely an easy, fun, and rewarding way to bake your family's desserts.

Don't wait another minute! Start air baking with your air fryer and you will reap all the rewards of an air baking lifestyle!

Don't Delay. Download This Book Now.

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