

# Hyperactive Children Grown Up: ADHD in Children, Adolescents, and Adults

Gabrielle Weiss, Lily Trockenberg Hechtman

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Long considered a standard in the field, the first edition of HYPERACTIVE CHILDREN GROWN UP explored what happens to hyperactive children when they grow to adulthood. Based on the renowned McGill prospective studies--research that now spans more than 30 years--the volume reports findings on the etiology, treatment, and outcome of attention deficits and hyperactivity at all stages of development.

Updating and expanding upon a classic, this second edition includes entirely new chapters that describe:

- \* New developments in Attention Deficit Hyperactivity Disorder (ADHD)
- \* Current psychological treatments for ADHD
- \* Contemporary perspectives on the use of medications
- \* Assessment, diagnosis, and treatment of ADHD adults

Providing complete developmental analysis of symptoms as they are displayed from infancy through adolescence, the book shows how the disorder is manifested and what happens during treatment at different stages. It examines the adult lives of the study's subjects taking into account all aspects of behavior including work record, drug and alcohol abuse, self-esteem, antisocial behavior, values, and family life. Covering predictive factors related to adult outcome, chapters examine the child's physical and mental status at referral, characteristics of the child's family, and the results of treatment at different stages.

In a section of unusual interest, chapters report how adults view the treatment they received as youngsters, and the factors they found most helpful or harmful as they matured. In one first-person account, an individual describes with candor and poignancy his experiences growing up with this disorder and what is was like being a subject in a long-term follow-up study. The new section in this Second Edition begins with a post script by the same individual in which he shares his adult experiences, feelings, and how he has met the various challenges posed by ADHD.

In addition to aforementioned topics, new chapters summarize recent research on genetic transmission, neurobiological aspects, and the importance of coexistence of other conditions in ADHD. The latest findings on the efficacy of such psychosocial treatments as behavior modification, parent training, social skills intervention, academic skills training and remediation, and individual psychotherapy are discussed, and a multimodal approach is described in detail.

Bringing a masterwork completely up to date, HYPERACTIVE CHILDREN GROWN UP, SECOND EDITION will be valued by a wide array of professionals. Its empirical and methodological rigor will be valued by researchers, and its clinical observations provide clinicians with richer appreciation of treatment practices for the ADHD child, adolescent, and adult. The book is also of interest to teachers, parents of children with ADHD, and adults who continue to have the disorder.

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