



# **Guilt Affirmations: Positive Daily Affirmations to Help You Let Go of Your Guilt Using the Law of Attraction, Self-Hypnosis, Guided Meditation and Sleep Learning**

*Stephens Hyang*

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The law of attraction is based on the idea that everything in the universe has a "polarity", meaning that everything - from the food you eat, to the people you talk to, to the things you say, to the things you think - contains an either positive or negative kind of energy. Notice that being with people who complain or rant a lot tends to make you feel bad, even though you're not exactly experiencing what they're going through - that's the law of attraction working its magic. When you focus on negative stuff, then more negative stuff will happen to you. On the other hand, when you focus on positive stuff, then more positive stuff will happen to you.

Fortunately, there is a way to manipulate the law of attraction and make it work for you: by changing your beliefs, using the power of positive affirmation. Positive affirmations give you a fresh pair of eyes to see the world and, therefore, give you courage to achieve a lot of things you never knew were possible.

Contents:

- Affirmation One - Day Dreams Music
- Affirmation Two - Heaven's Gate Music
- Affirmation Three - Voice Only

Bonus:

- Law of Attraction and the Power of Your Own Belief
- How to Use Affirmation Effectively
- Benefits of Positive Affirmation
- The Power of Repeated Words and Thoughts
- Using Positive Affirmations to Change Your Life

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#### **Robert Lindsey:**

The book untitled Guilt Affirmations: Positive Daily Affirmations to Help You Let Go of Your Guilt Using the Law of Attraction, Self-Hypnosis, Guided Meditation and Sleep Learning contain a lot of information on the idea. The writer explains the woman idea with easy method. The language is very straightforward all the people, so do not necessarily worry, you can easy to read the idea. The book was authored by famous author. The author will take you in the new period of time of literary works. You can read this book because you can read on your smart phone, or program, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can available their official web-site and also order it. Have a nice read.

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**Helen McClain:**

In this particular era which is the greater person or who has ability in doing something more are more special than other. Do you want to become one of it? It is just simple solution to have that. What you must do is just spending your time very little but quite enough to possess a look at some books. On the list of books in the top record in your reading list is usually *Guilt Affirmations: Positive Daily Affirmations to Help You Let Go of Your Guilt Using the Law of Attraction, Self-Hypnosis, Guided Meditation and Sleep Learning*. This book that is qualified as *The Hungry Mountains* can get you closer in getting precious person. By looking up and review this book you can get many advantages.

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