



Fish and Shellfish: The Essential Cookbook

Aldo Zilli

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100 seafood dishes for every occasion and taste.

Fish and Shellfish shows how to prepare this healthy choice simply and with stunning results. The book is organized by type of fish and Shellfish and each chapter opens with an identification guide. Step-by-step photographs demonstrate the essential culinary equipment and the best preparation and cooking techniques, empowering the home chef with new skills. Information on how to store and preserve fish as well as tips on where to buy, completes this indispensable reference.

Some of the 100 recipes are:

- Pan-fried Red Snapper Wrapped in Grilled Zucchini
- Charbroiled Lobster in Oriental Herbs
- Sautéed Scallops on Broad Bean Mash
- Salmon Poached in Coconut Milk with Mustard Fruits

Also included are valuable tips from top international chefs such as Wolfgang Puck, Jamie Oliver, Anthony Bourdin, Roger Verg, Christian Germain, and Giorgio Locatelli, who share their personal culinary approaches to cooking fish and Shellfish.



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