



Pennsylvania Dutch Country Cooking

William Woys Weaver

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This illustrated cookbook aims to unlock the traditions of classic Pennsylvania Dutch cookery as it has evolved over the past 300 years. Over 125 original recipes provide clear instructions on how to create crusty farm breads, peasant one-pot dinners, luscious spring soups, and light, sophisticated salads made with regional specialities like spelt and hickory nuts. The heartland of this cookery style is a 15-county area in South Eastern Pennsylvania, but the culinary style spreads deep into the Midwest, the Upper South, and Canada and includes the Amish, Mennonites, and Moravians, amongst others. Both a cultural history and a working cookbook, this book not only tells you how to make a roast turkey with pepper hash, but also tells you how to ward off witch hexes and kitchen goblins. The book also includes a cook's guide to regional shopping and local ingredients; a glossary of food terms; recipes arranged by category; and alphabetic lists of recipes.

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