

### Desert Wisdom:: Ask Spirit; Feel the Emotions; Use the Intellect; Then Act.

Vasantha Lakshmi Sai



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# Desert Wisdom:: Ask Spirit; Feel the Emotions; Use the Intellect; Then Act.

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**Desert Wisdom:: Ask Spirit; Feel the Emotions; Use the Intellect; Then Act.** Vasantha Lakshmi Sai Desert Wisdom brings us back to the realization that we are not separate from God or from one another. We are at a new frontier where it is time to weave East with West and spirit with matter. Author Vasantha Lakshmi Sai does not ask that you believe blindly in a God; instead, she asks that you believe in yourself and that you realize the truth of who you really are-a soul with a body, not a body with a soul. Desert Wisdom: Ask Spirit, Feel the Emotions, Use the Intellect, Then Act is an autobiographical account of Vasantha's spiritual odyssey with SaiBaba, the universal teacher. Bhagawan Sri Sathya Sai Baba has madehis advent into this world with a view to raising humanity as a whole to ahigher consciousness, based on the living faith that all human beings areinherently divine. He does not seek followers, nor does he wish for peopleto change their religious faiths. He asks only that we open ourselves to thetruth of who we really are. Now Vasantha Lakshmi Sai shares her journey, her learning and a few simple but effective techniques to help you listen to your own inner guru, your soul-the God within.

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