



7-Day Healthy Kidney Diet: Making it fun and simple to add kidney-friendly foods to your diet through a balanced, daily three-meal, two-snack plan.

louise Stanley

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You've just purchased the best way to kickstart your new, healthy kidney diet... making it fun and simple to add kidney-friendly foods through a balanced, daily three-meal, two-snack plan. There's a grocery list to make shopping for kidney-friendly foods easy along with better menu choices if you just can't live without a fast food 'fix'.

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