



Navigating the Life Enrichment Model

Ervin (Earl) Cobb, Charlotte D. Grant-Cobb

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This book provides the detailed instruction and tools required to successfully guide you as you apply the Life Enrichment Model to an event and surrounding circumstances in your life. The goal is to aid in shaping more positive and rewarding outcomes. The tools includes: The Life Enrichment Model™ Application Guide, The Life Enrichment Continuum™, The Framing Process, The Opportunity Priority Query, The Framing Query, The Modal Exploration Process, The Two-Step Opportunity Identification Methodology. It is recommended that you also read the book which accompanies this guide --- Living a Richer Life: Getting the Most out of Life's Gifts and Circumstances.

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