



# Using Drawings In Assessment And Therapy: A Guide For Mental Health Professionals

*Gerald D. Oster, Patricia Gould*

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This highly practical book provides useful drawing directives to clinicians involved in the assessment and treatment of individuals, families, and groups in both inpatient and outpatient settings. The authors present many case histories to show how the various aspects of drawing techniques can be integrated and applied in clinical practice. "Using Drawings in Assessment and Therapy" is vividly illustrated with over 90 drawings, which are used to describe how the therapeutic interaction can be enhanced by adding this method to the clinician's repertoire. The authors also discuss reviews of scoring systems for developmental delays as an introduction to the diagnostic process and provide examples of specific drawing techniques that are widely used today by clinicians for evaluation and treatment.... Using Line Drawings in Assessment and Therapy enable all mental health professionals, regardless of their theoretical orientation, to make the most effective use of drawings in their clinical practice and thus add a valuable tool to their therapeutic armamentarium.

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